



# MORAYFIELD EAST STATE SCHOOL TUCKSHOP MENU 2018

ORDER ONLINE AT  
[www.ouronlinecanteen.com.au](http://www.ouronlinecanteen.com.au)

## HOT FOOD

CHICKEN BURGER (with Lettuce, Mayo)	\$4.50
HAMBURGER (Lettuce, Tomato, Beetroot)	\$5.00
(Additional Fillings – Cheese, Pineapple etc)	\$0.50
CORN ON THE COB	\$1.00
PASTA BAKE – HOMEMADE	\$4.00
OVEN FRIED RICE- HOMEMADE	\$4.00
MACARONI & CHEESE – HOMEMADE	\$4.00
MEAT PIE – SMALL	\$1.00
GARLIC BREAD	\$2.00
CHICKEN CHIPEES 5 FOR	\$3.00
HOTDOG (BBQ, TOMATO, MUSTARD)	\$3.50
(With cheese extra)	50c
SQUEEZE TOMATO & BBQ SAUCE	50c

## SALAD / FRUIT

FRUIT – APPLE, ORANGE, BANANA	\$1.00
APPLE - SLINKY FREE WITH PURCHASE	
FRUIT BOWL DICED – SMALL / LGE	\$3.00/\$4.00
(FRUIT WILL BE SEASONAL)	
SALAD BOWL – SMALL / LGE	\$3.00/\$4.00
SALAD BOWL – HAM / CHICKEN	\$5.50

## BREAKFAST (Before first bell)

FLAVOURED MILK	\$2.00
PLAIN MILK SMALL	\$1.00
YOGHURT SMALL	\$1.50
BOTTLE WATER - SMALL /MED/ LGE	\$1.00/\$1.50/\$2.00

Any queries: Ph: 07 5428 8423  
Email: [messtuckshop@outlook.com](mailto:messtuckshop@outlook.com)

## SANDWICHES / LAVASH / ROLLS

Bread available in Multigrain or White Hi-Fibre		
	S'WICH	LAV/ROLL
CHICKEN	\$3.50	\$4.00
HAM	\$3.00	\$3.50
TUNA	\$3.00	\$3.50
CHEESE	\$2.00	\$2.50
EGG	\$2.50	\$2.50
EGG & LETTUCE	\$3.50	\$4.00
SALAD	\$3.50	\$4.00
VEGEMITE / JAM	\$1.00	
TOASTING EXTRA	50c	
ADDITIONAL FILLINGS	50c each	
ADD 3 OR MORE	\$1.50	

Lettuce, beetroot, cheese, carrot, cucumber, tomato, pineapple & olives

## SNACKS

CHOC CHIP COOKIE	\$1.20
JELLY & CUSTARD	\$1.50
CAKE SLICE – HOMEMADE	\$1.00
CHOC/COCONUT OR CINNAMON	
BOILED EGG	\$0.80
WATER CRACKER & CHEESE	\$1.50
POPCORN	\$1.00
MUNCH N CRUNCH	\$2.00
(Hommus Dip with Vege sticks or Crackers)	

## Gluten Free

PIES	\$4.00
MAC & CHEESE	\$4.50
LASAGNE	\$4.50
FRIED RICE	\$4.50
CHICKEN WRAPS	\$4.50

## MEAL DEALS

<b>PASTA BAKE MEAL</b>	\$7.00
(+ Small Water, Apple, Choc Slice, Jatz & Cheese)	
<b>OVEN FRIED RICE MEAL</b>	\$7.00
(+ Small Water, Apple, Choc Slice, Jatz & Cheese)	
<b>MACARONI &amp; CHEESE MEAL</b>	\$7.00
(+ Small Water, Apple, Choc Slice, Jatz & Cheese)	
<b>CHICKEN CHIPEES MEAL</b>	\$7.00
(+ Popper, Small Yogurt, Apple, Jatz & Cheese)	
<b>SMALL SALAD BOWL MEAL</b>	\$6.00
(+ Small Water, Apple, Choc Slice, Jatz & Cheese)	
<b>SANDWICH MEAL</b>	\$5.00
(Jam/Vegemite + Popper, Apple, Yogurt, Jatz & Cheese)	

## DRINKS

FLAVOURED MILK	\$2.00
(CHOCOLATE, STRAWBERRY, BANANA)	
PLAIN MILK – SMALL	\$1.00
BOTTLE WATER – SMALL/MED/LGE	\$1.00/\$1.50/\$2.00
POPPER	\$1.50

## ICEBLOCK/SLUSHIE - SECOND BREAK ITEMS ONLY

PETERS LIFESAVER	\$1.50
LEMONADE ICY POLE	\$1.00
FRUIT TUBE	\$0.50
SLUSH PUPPIE	\$2.00
MOOSIES	\$1.50

### **How to order tuckshop**

1. Order online: [ouronlinecanteen.com.au](http://ouronlinecanteen.com.au) – Must be ordered but 9am cut off time.

OR

2. Lunch Bag – please include the following details on the lunch bag:

- Students Name & Class
- Specify first or second break
- Write down item and price
- Total

Place money in bag – tuckshop will return any change by placing in corner of the bag and stapling.

Separate bags are required for each break.

(If you write it on paper please separate both orders and write name and class both times)

Please ensure your child knows what you have ordered for them.

We are all human and mistakes do happen. Please let your child know to come see us at any time if they do not get their lunch orders.

If you have problems with online ordering with your child's **FOOD** please ring us first, but if it is due to money please get in contact with Our Online Canteen.

If a child does come to school with no food parents will be contacted and if we have to feed them a bill will go home to the parents.

*Under the Qld Government Smart Choices Strategy*

*\*Green – healthy choice*

*\*Amber – select carefully (occasional food).*

*Volunteers are always required – Our school tuckshop can only run with the help of our wonderful school families. Volunteering in the tuckshop is a great way to meet new friends and the kids always love to see Mum, Dad or even Grandparents involved in their school.*

**Only term 1 & 4 – Grades 1 to 6 can buy Ice Blocks at play time in first break, No pre orders can be placed for first break.**

**Ice Blocks are only available at 2<sup>nd</sup> break.**

If an item is unavailable the convenor may substitute items for something similar.

Convenor may enforce quantity limits

**No foreign coins will be accepted**

### **Birthday Catering**

We can provide treats for the whole class for your child's birthday.

- Ice Blocks
- Lemonade Icyoles
- Icecream cups – Vanilla

48 hrs notice to organise is required.

Please call tuckshop on 07 5428 8423 to organise (payble can be taken over the phone)

Morayfield East State School  
Day of operation: Monday to Friday  
Opening Times: 8:15am – approx.  
2.30pm

Contact details

[messtuckshop@outlook.com](mailto:messtuckshop@outlook.com)

5428 8423

